

C L A R V A

YOUR OFFICIAL PRODUCT GUIDE

LIBIDO+

Your complete guide to the 9-in-1 herbal blend for intimate wellness — how to take it, what to expect, and how to get the most from every capsule.

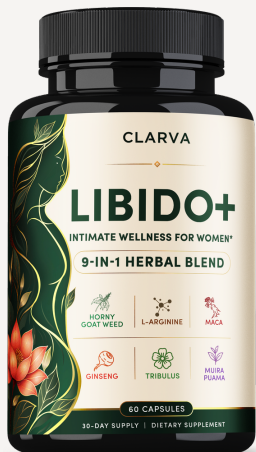


FOR WOMEN

FREE WITH YOUR REGISTERED PURCHASE

WELCOME

You made the *transparent* choice



Thank you for choosing LIBIDO+ — and for registering your purchase. This guide exists for one reason: to help you get the full benefit of every dose. It covers exactly how to take it, what to expect week by week, the science behind the ingredients, and the daily habits that multiply your results.

Every dose disclosed

No proprietary blends. Every ingredient and its exact milligram amount is printed on your label.

Third-party tested, every batch

Your batch was tested by an independent lab for potency, purity, and safety. Email us the lot number on your bottle and we'll send its Certificate of Analysis.

Made in the USA

Manufactured in an FDA-registered, GMP-certified facility from identity-verified ingredients.

Your 100-Day Happiness Guarantee is active

Not completely satisfied? Full refund within 100 days of purchase — no return required, no questions asked. Reply to your confirmation email or visit liveclarva.com/refund.

Simple, consistent, effective

SITUATION	WHAT TO DO
Daily routine	Take 2 capsules with food , ideally with breakfast. Food improves absorption of the botanicals and is gentler on the stomach.
Before an occasion	Take 2 capsules 1–2 hours prior . This complements — it does not replace — your daily routine.
Hydration	Take with a full glass of water. Circulation support works best when you are well hydrated.

The one rule that matters most: consistency. These formulas work cumulatively — the biggest mistake is taking them “when you remember.” Anchor LIBIDO+ to an existing habit so it becomes automatic.

Storage & handling

- Store below 25 °C (77 °F), away from direct sunlight and humidity.
- Keep the cap closed and the desiccant pouch in the bottle.
- Keep out of reach of children.

Missed a day?

Take your normal 2 capsules the next day — don’t double up. One missed day won’t undo your progress; a missed week will slow it.

YOUR TIMELINE

What to expect, *week by week*

Everyone's biology is different — treat this as the typical pattern our customers report, not a deadline. The common thread: benefits build with daily use.*

Days 1–7

The foundation

The adaptogens begin buffering daily stress. Some women notice a subtle lift in energy and mood; most of the work is happening quietly.*

Weeks 2–3

Momentum

Energy and stamina become more consistent, with warmer mood and easier arousal as the blend reaches steady levels.*

Weeks 4–6

The full effect

Where most women report the complete benefit: steadier desire, better response, and confidence that shows up on its own schedule.*

Beyond

Maintenance

Benefits hold with continued daily use. Reassess monthly.

Track it. Rate your energy, mood, and how you feel overall (1–10) once a week. Gradual improvements are easy to miss day-to-day and obvious on paper.

INSIDE THE FORMULA

Why each ingredient *earned* its place

INGREDIENT	WHAT IT DOES IN LIBIDO+
Horny Goat Weed	A traditional botanical for desire and healthy blood-flow support.*
Maca Root	Peruvian adaptogen studied for libido, mood, and energy in women.*
L-Arginine	Amino acid precursor to nitric oxide, supporting healthy circulation.*
Ginseng	Classic energising adaptogen for stamina and daily performance.*
Tribulus	Botanical traditionally used to support healthy female desire.*
Muira Puama	Amazonian “potency wood,” traditionally used for intimate wellness.*
+ 3 more	The full 9-in-1 blend is printed with exact doses on your label and verified in your batch COA, available on request.

Exact doses for every ingredient are printed on your bottle's Supplement Facts panel and verified in your batch COA, available on request.

The habits that make LIBIDO+ work harder

No supplement outruns a lifestyle working against it. These four levers have the strongest evidence for amplifying exactly what LIBIDO+ supports:*

Sleep is the multiplier

Desire is unusually sensitive to sleep debt. Protect 7–9 hours — even one consistent week measurably improves energy and mood.*

Movement raises blood flow

20–30 minutes of moderate cardio, 3–4× a week, supports the same circulation pathways the formula does.*

Stress is the antagonist

Chronic stress hormones suppress desire. Pair the adaptogens with one deliberate daily decompression.*

Connection counts

Desire responds to context — unhurried time with your partner gives the physiological support somewhere to land.

Answers, safety & who to ask

How long until I notice results?

Some women notice an energy or mood lift in the first week, but the blend is designed for cumulative benefit — most report the full effect after 3–4 weeks of daily use.*

Is LIBIDO+ hormone-based?

No. It contains no hormones — it works through botanicals and amino acids that support your body's own energy, circulation, and desire pathways.*

When should I not take it?

Skip it if you are pregnant, trying to become pregnant, or nursing, and consult your doctor first if you take medication or have a medical condition.

Need anything at all?

Registered customers get priority support. Reply to your confirmation email or write to **care@liveclarva.com** — real humans, fast answers. Refunds are processed within 2 business days under your 100-Day Happiness Guarantee.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult your healthcare provider before use if you are pregnant, nursing, taking medication, or have a medical condition.